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Subjects must be properly instructed and have indicated that they consent to participate by signing the appropriate informed consent paperwork.

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Methods sections of manuscripts reporting results of animal research must include required ethics statements that specify:

- The full name of the relevant ethics committee that approved the work, and the associated permit number(s). Where ethical approval is not required, the manuscript should include a clear statement of this and the reason why.
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Example ethics statement:

This study was carried out in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health. The protocol was approved by the Committee on the Ethics of Animal Experiments of the University of Minnesota (Permit Number: 27-2956). All surgery was performed under sodium pentobarbital anesthesia, and all efforts were made to minimize suffering.

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